



We can provide free guidance and information about:

- child care
- behavioral strategies
- school readiness & tips
- early childhood development
- family stress & anxiety
- parenting classes & support
- local play groups
- foster care support
- basic family resources...
 and much more!



Mon-Fri 7am-11pm | Sat-Sun 8am-8pm **Dial** 211 | **Text** the keyword *children* to 898211 **Email** children@211info.org | **Visit** 211info.org

