# Mid Valley Nurture

# Serving Linn & Benton Counties

Presenting:

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## Mission Statement

Mid Valley Nurture is based off of the Nurture Oregon program which integrates maternity care, substance abuse treatment, IN-HOME Public Health Nursing Programs, and social service coordination for pregnant people. Mid Valley Nurture of Linn and Benton Counties provides support for healthy pregnancy outcomes. Our Team Provides Evidence Based Practices through an integrated care model.

\*\*The Nurture Oregon Program is a High Touch, Team Based Model that will provide services through a collective impact approach.



## Referral Criteria

- Substance Abuse Issues Identified
- Mental Health Concerns
- High Stress Environments
- Trauma, Domestic Violence
- Unemployment
- Unstable High Risk Housing

- Economic Instability
- Lack of Transportation
- Literacy Deficits
- Hunger- Lack of access to healthy options
- Negative Community or Social Context
- Lack of Access to Health Care



## "Whole-Person" Wrap Around Approach

Mid Valley Nurture is a unique set of community services and community supports that are individualized for qualifying pregnant people in Linn and Benton Counties to achieve positive outcomes.

#### Mid Valley Nurture GOALS:

#### PROXIMAL:

Improve Social Determinants of Health Issues identified through an initial "Strengths and Needs" assessment.

Increase Communication as a community strengthening Interdisciplinary community Collaboration- Client centered coordination.

Decrease substance abuse and reduce social determinants of health barriers identified at initial referral.

#### **DISTAL**:

**Increase Preservation-**Provide intensive services to support and keep families together.

