

## Family Support and Connections

# FS&C





## What is Family Support & Connections

Services designed to reduce stress and strengthen families:

- Understanding of child development and parenting
- Access to goods and services
- Ability to effectively manage challenges in life
- Connection to informal and formal social supports
- > Quality time and bonding between parent and child
- Capacity to foster nurturing interactions between caregivers and children



**DHS 237** 

**Program Informational Video** 



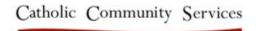
### **FS&C Contracted Community Based Organizations**





















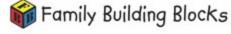




















## Why FS&C?



My child has special needs

I feel very overwhelmed and alone as a parent

ľm a new parent

My child's behaviors are really challenging

My family is struggling financially and could use help with resources and guidance

I'm a single parent of three young children and have no support system

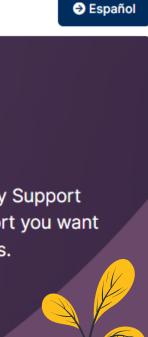


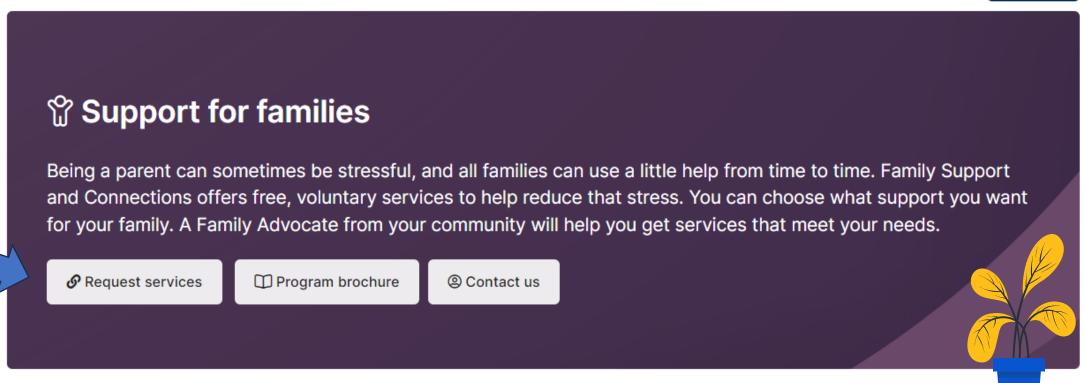
## **FS&C Goals**





### Access to FS&C Services





https://www.oregon.gov/odhs/children-youth/pages/family-support.aspx



# What Participants Say They Like Best About FS&C

"Helpful to have someone listen, hold space during a really stressful time. Services really helped me gain stability bringing household goods and supports."

"Level of support I received from this program is mind blowing. Felt like I was meeting with a friend not an agency."

"Receiving support, having someone to talk to, not feeling alone."

"Advocate was a motivator, friend, resource person, counselor, and clearly explained resources and honest about how they could help or not."

"Liked the support, not feeling alone. I'm a single mom with no family, so only support are resources given to me. It felt nice to not feel alone. Knowledge was so helpful."

"Very Kindhearted Staff. Never Judge's the client's or there back History."



#### FS&C Central Team

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- Tina Gorin, Lead FS&C Coordinator
- Tony Scott, FS&C Coordinator