

Home Visiting For All Families

We all feel like our babies should have come with an instruction manual! Thankfully, home visitors are available to help parents find the answers they need.

Our communities have many home visiting programs so you can choose the right one for your family. Due to COVID-19, most visits take place virtually, but programs will be back to home visits as soon as possible.

Here are some common questions and answers to help you learn about home visiting.

Why sign up for home visiting?

1. Because all parents have questions!
2. Studies show families are healthier and children are better prepared for school and parents have more confidence.
3. Get connected to the right resources at the right time - when you need them.

What will the home visitor be like?

1. Respectful of you and your family.
2. Non-judgmental about your dirty dishes - the home visitor isn't there for your dishes, she's there for you and your baby.
3. Friendly, caring, and professional.

What happens at a home visit?

1. A **nurse home visitor's** primary purpose is to check your baby's health as well as your physical and mental health. She'll ask health-related questions and address your concerns, and other questions to determine if your family has other needs.
2. The primary purpose for **parent support home visits**, like those with Healthy Families, is to enhance the parent-child bond with fun activities and an understanding of child development. The visit will also include referrals to resources if needed.
3. At a home visit through an **early childhood education program** like Head Start, parents and children have fun while learning preschool concepts, plus get connected to other services if needed.



Home Visiting Programs in Our Communities

Babies First

Who: Pregnant women and families who are at risk due to health or social history

What: Nurses visit to help reduce stress, connect you to services you need, help you keep you and your baby healthy

When: During pregnancy and up to 5 years

Why: To make sure moms, families, and babies have the support and info they need

Where: Call local health departments

Linn County - 541-967-3888

Benton County - 541-766-6835

Lincoln County - 541-265-4112

CaCoon (Care Coordination)

Who: Families who have a child with a disability or chronic health condition

What: Visits with trained nurses help families coordinate their child's health care needs. They answer questions, connect the family with health care providers, and make sure health providers work together to meet the needs of the child and family.

When: From birth to age 21

Why: Help families coordinate care for children with special health needs

Where: Call local health departments

Linn County - 541-967-3888

Benton County - 541-766-6835

Lincoln County - 541-265-4112

Family Connects

Who: All families with newborns

What: Nurses visit 1-3 times after birth of baby to understand family's needs and then connect family with other community resources and services

When: Approximately 3 weeks after birth

Why: Because all families have questions and concerns after a baby is born

Where: Sign up at the hospital when your baby is born or call Pollywog at 541-917-4884.

Healthy Families

Who: Many pregnant women and families (screening determines eligibility)

What: Home visitors support parents in creating and strengthening a nurturing parent-child relationship, and help to connect families to other local services and needed resources

When: Visits start prenatally or up to three months after baby is born, and can go until your child is 3 years old

Why: Because connected and attached parents help their children be better prepared for school and life.

Where: Available in Linn and Benton Counties through Old Mill Center for Children and Families at 541-757-8068.

Nurse Family Partnership

Who: First-time mothers experiencing poverty and other risk factors

What: Nurses visit with first-time mothers

When: Visits begin prenatally, starting before 28 weeks, and continue until your child is two years old

Why: To improve parent and baby health and support families experiencing poverty as they learn about parenting and self-sufficiency

Where: Available in Lincoln County, call 541-265-4112.

Relief Nursery

Who: Families experiencing significant stress with children up to 6 years old

What: Home visitors support parents with parenting education while connecting them with resources, along with therapeutic classrooms and parent support groups

When: Visits can start at birth

Why: To support families who have more intensive needs

Where: Call your county's location:

Benton County - Old Mill Center for Children and Families, 541-757-8068; Linn County – Family Tree Relief Nursery, 541-967-6580; Lincoln County – Olalla Center, 541-336-2254.

Head Start/Early Head Start

Who: Pregnant women and families who are low-income with children under age 3

What: Home visits for eligible families that focus on child development and provide family support services and coordination

When: Prenatally through age 3

Why: Help resolve stress with resources so families can nurture healthy attachments and kids are ready to learn.

Where: In Linn and Benton Counties, call KidCo, 541- 451-1581; in Lincoln County, call Community Services Consortium, 541-265-8505 or the Confederated Tribes of Siletz, 541-444-2450.



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