

Oregon's COVID-19 Update

New cases and deaths are reported from the previous day.

NOTE: Monday's report includes weekend data.

i 1530 new cases*

i 1 new deaths

Daily Data Tab

Case and Testing

Hospital Capacity

Emergency Department

Data current as of 12:01am 4/12/2021

Oregon COVID-19 Testing Results as Reported to OPERA†

Total Cases	170,850	Total Deaths	2,441
Cumulative COVID-19 Electronic Lab Reports (ELR) Testing in Oregon		Testing at Oregon State Public Health Lab (OSPHL)	
Positive	246,682	Specimens received yesterday	53
Negative	4,115,818	Test results released yesterday	347
Grand Total	4,362,500	Specimens pending as of 8:00 PM yesterday	170
		Total Tested at OSPHL	34,662

Age, Sex and Hospitalization Status for Confirmed and Presumptive COVID-19 Cases (Cumulative)

Cases by Age Group

0 to 9	7,959 (4.7%)
10 to 19	19,219 (11.2%)
20 to 29	35,841 (21.0%)
30 to 39	29,666 (17.4%)
40 to 49	26,346 (15.4%)
50 to 59	21,912 (12.8%)
60 to 69	14,722 (8.6%)
70 to 79	8,617 (5.0%)
80+	6,204 (3.6%)
Not available	364 (0.2%)
Total	170,850 (100.0%)

Cases by Sex (as reported to OHA)

Female	86,805 (50.8%)
Male	82,332 (48.2%)
Non-binary	19 (0.0%)
Not available	1,694 (1.0%)
Total	170,850 (100.0%)

Hospitalized During Illness?

Yes	9,472 (5.5%)
No	115,408 (67.5%)
Not available	45,970 (26.9%)
Total	170,850 (100.0%)

Race, Ethnicity, Select Symptoms and Risk Factors for Confirmed and Presumptive COVID-19 Cases

Cases by Race

White	85,217 (49.9%)
Black	4,286 (2.5%)
Asian	5,273 (3.1%)
American Indian/Alaska Native	2,992 (1.8%)
Pacific Islander	1,471 (0.9%)
Other	38,461 (22.5%)
Multiracial	2,846 (1.7%)
Not available	30,304 (17.7%)
Total	170,850 (100.0%)

Health Care Worker?

Yes	11,982 (7.0%)
No	92,198 (54.0%)
Not available	66,670 (39.0%)
Total	170,850 (100.0%)

Congregate Setting‡

Yes	15,520 (9.1%)
No	91,144 (53.3%)
Not available	64,186 (37.6%)
Grand Total	170,850 (100.0%)

Cases by Ethnicity

Hispanic	42,995 (25.2%)
Not Hispanic	87,500 (51.2%)
Not available	40,355 (23.6%)
Grand Total	170,850 (100.0%)

The Oregon COVID-19 epidemiological curve is available on the OHA COVID-19 webpage in the "Case and Testing Counts" Tableau Dashboard. Please click the orange box to the right to be redirected.

Oregon Epi
Curve



Oregon's Epi Curve

COVID-19 Testing by County

COVID-19 Testing Over Time

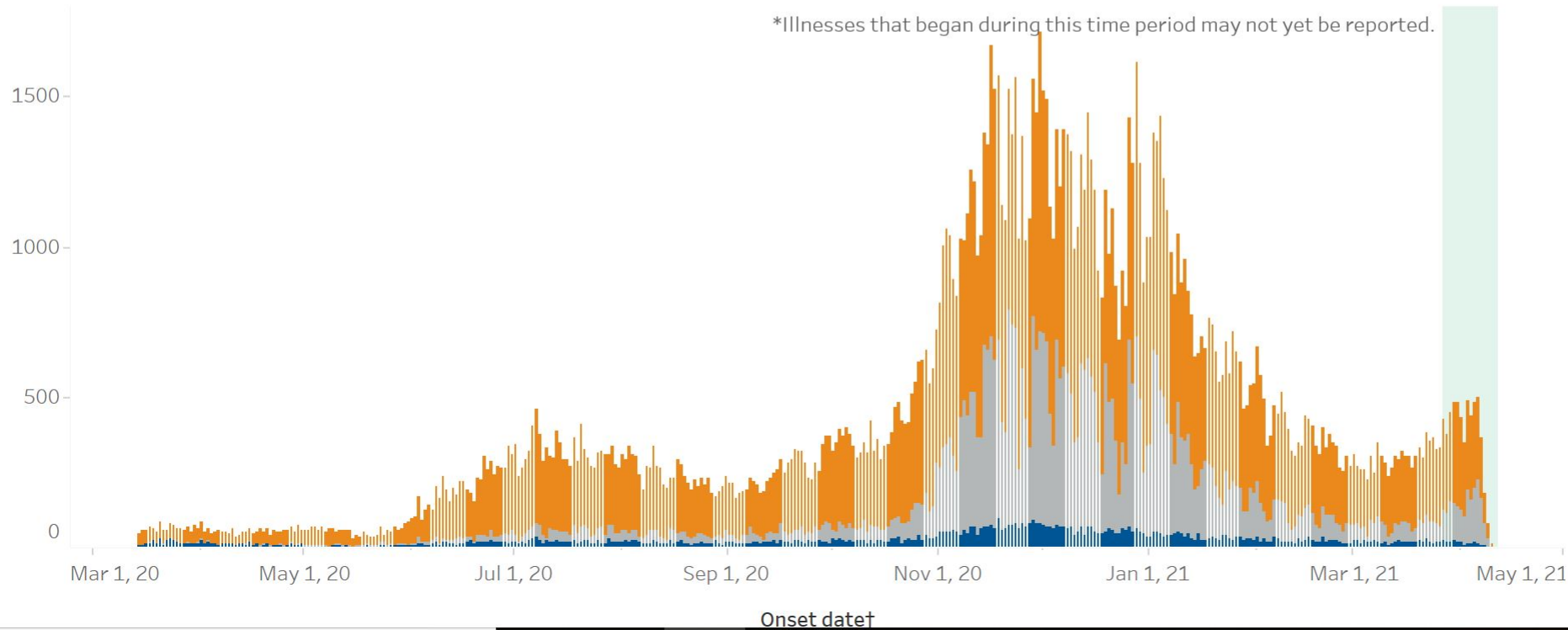
Data current as of 12:01am 4/12/2021

Oregon's Epi Curve: COVID-19 cases

This chart shows the number of Oregonians who have been identified as COVID-19 cases and whether they were ever hospitalized for their illness.‡

Total Cases	Hospitalized	Not Hospitalized	Hospitalization Status Unknown
170,850	9,472	115,408	45,970

*Illnesses that began during this time period may not yet be reported.



When people say we want to “flatten the curve,” this is the curve they are talking about.

We want to slow the number of new cases of COVID-19 so our healthcare system isn't overwhelmed and can provide care to everyone who needs it. Staying home except for essential needs and practicing social distancing are important ways we can flatten the curve.

Please note: The light blue shaded area shows the past 17 days, and not all people who got sick during this time

Everyone in Phase 1A, Groups 1,2,3 and 4 is eligible for the vaccine.

Group 1

- Hospital staff with patient care responsibilities
- Urgent care
- Skilled nursing and memory care facility healthcare personnel (HCP) and residents
- Tribal health programs
- Emergency medical services (EMS) providers and other first responders
- All health care interpreters and traditional health workers in any setting within Phase 1a

Group 2

- Other long-term care facilities, including all paid and unpaid HCP, all staff and contractors, including residents who meet the age requirements of:
 - » Residential care facilities
 - » Adult foster care
 - » Group homes for people with intellectual and developmental disabilities
 - » Other similar congregate care sites
- Hospice programs
- Mobile crisis care and related services

- Individuals working in a correctional setting
- Adults and youth in custody 16 years and older

Group 3

- HCPs in outpatient settings serving specific high-risk groups
- Day treatment services
- Non-emergency medical transport (NEMT)
- Paid or unpaid caregivers (including parents or foster parents) of medically fragile children or adults who live at home
- Adults and age-eligible children who have a medical condition or disability who receive services in their homes

Group 4

- All other outpatient HCPs
- Other HCP who provide direct service to people with I/DD and other high-risk populations.
- Other public health settings, such as HCP serving WIC, or CBO's with direct or indirect exposures

People eligible:

400,000 approximately

Groups 1–5

- Childcare providers, early learning and K–12 educators and staff
- People 65 and older

Group 6

Eligible no later than March 29, 2021

- Adults 45–64 with one or more underlying health conditions with increased risk*
- Migrant and seasonal farm workers
- Seafood and agricultural workers
- Food processing workers
- People living in low-income senior housing, senior congregate and independent living
- Individuals experiencing homelessness (sheltered and unsheltered)
- People currently displaced by wildfires
- Wildland firefighters
- Pregnant people 16 and older

Educators:

152,000 approximately

Group 7

Eligible no later than April 5, 2021

- Frontline workers as defined by the CDC** and their age eligible family members in the same household.
- Individuals living in a multigenerational household
 - » Multigenerational household means a household where:
 - People from three or more generations live, such as a home where an elder lives with a parent and grandchild; or
 - An individual or individuals residing with and caring for a relative who is not their own child (i.e. a grandchild, niece, or nephew)
- Adults 16–44 with one or more underlying health conditions with increased risk*

People over 65:

765,000 approximately

Phase 2

Eligible April 19, 2021

- All people who are 16 and older



Family Connects is Coming!

Welcoming a new baby is a big change, and soon Family Connects will be here to help! We have highly trained nurse home visitors who can visit with you to assess baby's health, check on Mom's postpartum health, and let you know about resources in your community. This is a free, voluntary program, and you are welcome to accept or decline the nurse visit.

Want to know more?

www.familyconnectsoregon.org



Every parent has challenging days, especially as COVID-19 changed our lives and communities completely over the last year.

On those difficult days, a short text from a friend can be a boost that turns your day around. That little boost is powerful! It helps you feel connected again, especially when you need it the most.

Pollywog is here to give you a boost too, through Bright by Text! Bright by Text is a free service that texts tips and ideas to help you raise happy and healthy children.

The Bright by Text messages are based on your child's age and development so they have the information you need, exactly when you need it, for children up to 8 years old.

**95% of parents
using Bright by Text
say they feel more confident
in their parenting!**

Bright by Text is available for expecting parents too! Sign up with your due date to receive pregnancy-related information timed to your expected delivery.



Bright by Text is for expecting parents too!



You can count on the information from Bright by Text because it is only from trusted sources, like the CDC, PBS, Sesame Street, Zero to Three, and other experts in early childhood development.

Each text is short and to the point, exactly what busy parents and caregivers need. They include links to more information, videos, and other learning materials, all based on your child's age.

Bright by Text sends information on these topics, and more:

- Sleep
- Potty training
- Communication
- Tantrums
- Motor skills
- Social-emotional development
- Brain development
- STEM (science, technology, engineering and math) activities
- Language and reading
- Physical activity
- Nutrition
- Safety
- Caregiver resilience
- Encouragement

How Does Bright by Text Work?

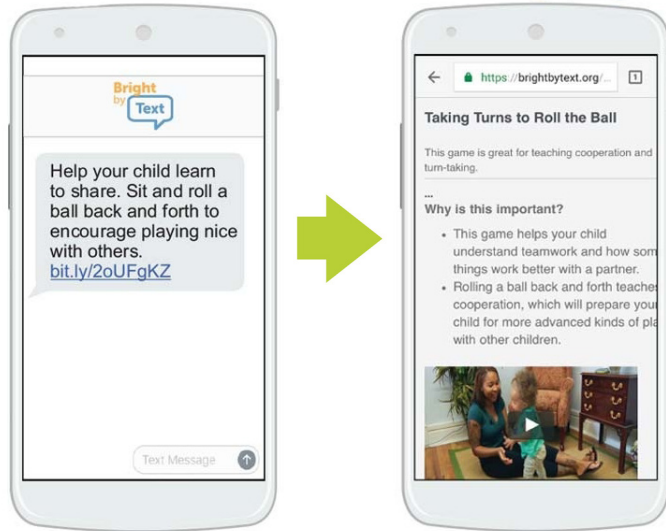


Sign up for Bright by Text with 3 easy steps!

1. Text 'ELHUB' to 274448.
2. Bright by Text will ask your child's birthdate to tailor the information to the right age.
3. Then Bright by Text will ask your zip code so you can get local information from Pollywog too.

Once you are signed up, Bright by Text will send you two or three texts per week. Each text has a short message and a special link to learn more.

Here's what it looks like:



On the Bright by Text website, you'll also find links to the information source and related sites for more ways to explore the topic.

FAQs about Bright by Text

- | | |
|---|------|
| Is Bright by Text offered in Spanish? | Yes! |
| <i>The option to switch to Spanish is offered during sign up.</i> | |
| Is Bright by Text really free? | Yes! |
| <i>Text messaging or data fees may apply, based on your cellular plan.</i> | |
| Is my information and my child's information safe? | Yes! |
| <i>Bright by Text and Pollywog take safety and security very seriously. The information you submit will never be sold, shared, or disclosed. You can read the Bright by Text Privacy Policy on their website.</i> | |
| Can I get messages for more than one child? | Yes! |
| <i>Simply go through the sign up process a second (or third, or more) time to receive texts for each child.</i> | |
| Is it easy to unsubscribe? | Yes! |
| <i>Simply text 'STOP' in response to the Bright by Text messages. This information is also given at sign up.</i> | |
| Will Bright by Text only send me a few texts per week? | Yes! |



 [Pollywog Facebook](#)

 [Pollywog Website](#)

 [Pollywog YouTube](#)

Pollywog Family
6500 Pacific Blvd. SW, LM-132
Albany, OR 97321
541-917-4884



Join us for the 7th Annual FREE Parenting Public Speaker Event! Linn-Benton-Lincoln Counties

“Under the Wave: Understanding the Impact of Stress and Trauma Using Metaphors and Stories

A workshop for how to help children overcome stress

Using story and metaphor, this presentation explores responses to common questions about stress and trauma. These questions include:

1. *Do young children really remember traumatic experiences?*
2. *What are the common reactions to stress and trauma?*
3. *How does trauma affect development?*
4. *How can we work together to create healing spaces and support recovery?*

This workshop shares core lessons about stress and trauma and focuses on the importance of acknowledging what families have been through, helping them to make meaning of their experiences, and supporting them in having new experiences that help them grow well and love well.

Dr. **Chandra Ghosh Ippen**, Ph.D., is the Associate Director of the Child Trauma Research Program at the University of California, San Francisco.

She is a children’s book author and creates videos for children to understand stress and trauma.



Monday, May 3, 2021

6:30-8:00pm

Remote Workshop Via Zoom



To register for this FREE event please use this link:

<https://forms.gle/eMi7ULiTMrmF8zx9>

For more information call (541) 917-4884



Spanish interpretation will be provided

Se proveerá interpretación al español



Linn-Benton
Community College

State of Babies Yearbook: 2021

Learn about the data. Hear from experts. Join the conversation. Take action to support.



State of Babies
Summit

April 22 | 2 p.m. ET



STATE OF BABIES
YEARBOOK 2021



YOU'RE INVITED TO JOIN

REGISTER NOW



20 INCREDIBLE INTERVIEWS

All 20 of the speaker interviews are packed with advice, tips and tools to promote healing with your clients.

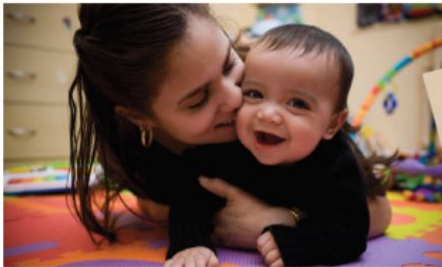


20 GENEROUS GIFTS

All 20 speakers have been so generous to give you valuable gifts and offers to help you with healing your clients.

It's Not Just a Summit ~IT'S A COMMUNITY!

Standards of Quality



for Family Strengthening & Support

**Supporting Families Through Best Practice:
An Overview of the Standards of Quality for
Family Strengthening & Support**

April 14, 2021, 2:30pm - 3:45pmET

REGISTER



Join us for a Parenting Education Event!
Parents and Caregivers Welcome!

Mindful Strategies for Calming the Chaos

A Workshop for Linn-Benton-Lincoln County Parents

Parents and children can experience many stressors. In this workshop, parents will examine effective ways to calm the chaos in the family using strategies that include breathing techniques, visualizations, movement and mindfulness practices.

For caregivers of children 2-10 years old. Must have access to an internet device – camera and microphone needed.

**Workshop will be co-presented by
Aoife Magee and Phoenix Ries.**



Wednesday, April 21, 2021
6:30-8:30pm
Remote Workshop Via Zoom



For more information or to register contact Lucy Poe at poel@linnbenton.edu or call 541-917-4899

Workshop offered FREE of charge and sponsored by the Parenting Success Network



Linn-Benton
Community College