

Boost Oregon Virtual Community Workshop

Learn about your children's vaccines
without fear or judgment.



**Tuesday, June 16
7 pm**

Led by mom &
certified physician assistant
Rebecca Reveal

Register Today!
[www.boostoregon.org/
community-workshops](http://www.boostoregon.org/community-workshops)

Oregon Health Authority Webinar Resource List

COVID-19 Information and Updates

- [Oregon Health Authority COVID-19 updates](#)
- [Governor Kate Brown's COVID-19 Resources for Oregonians](#)
- [Center for Disease Control Coronavirus \(COVID-19\)](#)
- [World Health Organization Coronavirus Disease \(COVID-19\) Pandemic](#)
- [Safe and Strong Website](#)

Oregon Health Authority List of Community Engagement Webinars

Weekly Wednesday Webinars

- English Informational Webinars: 1:00pm – 2:00pm. [Registration Link](#)
- Español: Cada miércoles; 2:30pm - 3:30pm [Registration Link](#)

Every Other Wednesday June 10th, June 24th

- Migrant and Seasonal Farm Worker Partner Webinar: 10:00am-11:00 am
[Registration Link](#)

Friday Listening Sessions: June 5, June 19th

- Central and Eastern Oregon; 12:00pm - 12:45pm; Baker, Crook, Deschutes, Gilliam, Grant, Harney, Hood River, Jefferson, Klamath, Lake, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, Wasco, Wheeler; [Registration Link](#)
- Central Coast and Southwest Oregon; 1:00pm - 1:45pm; Coos, Curry, Douglas, Jackson, Josephine, Lane, Lincoln; [Registration Link](#)

- Northwest Oregon; 2:00pm - 3:00pm; Benton, Clackamas, Clatsop, Columbia, Linn, Marion, Multnomah, Polk, Tillamook, Washington, Yamhill; [Registration Link](#)

Resources

- Food Security and Farmworker Safety Project
 - <https://www.oregon.gov/ODA/agriculture/Pages/FSFSPProject.aspx>
- COVID-19 videos produced by Multnomah County and City of Portland
 - <https://beta.portland.gov/pbem/help-stop-spread-covid-19-video>
- Faith community guidance
 - [Interim Guidance for Communities of Faith- CDC](#)
- OHP resources button at the top of OHA's COVID page
 - <https://govstatus.egov.com/OR-OHA-COVID-19>
- Oregon WIC
 - <https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/interest-form.aspx>
- Effective Communication for People Who are Deaf or Hard of Hearing
 - <http://nwadacenter.org/factsheet/accessibility-drive-thru-medical-sites>
- COVID-19: Deaf and Hard of Hearing Communication Access Recommendations for the Hospital
 - <https://www.nad.org/covid19-communication-access-recs-for-hospital/>
- Webinar: "ADA National Network Learning Session: COVID19, Health Care, and the ADA"
 - <http://adapresentations.org/healthcare/registration.php>
- OHSU: Oregon Office on Disability and Health sponsoring the Oregon's Food Resources: COVID-19 Pandemic Webinar Series
 - Zoom Meeting: <https://zoom.us/j/869177337> Meeting ID: 869 177 337

- Recordings available at <https://www.ohsu.edu/university-center-excellence-development-disability>
- Department of Human Services
 - <https://www.oregon.gov/DHS/COVID-19/Pages/Home.aspx>
- Department of Business and Consumer Services
 - Insurance, Mortgage, Avoiding Fraud and Scams
 - English:
 - <https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus.aspx>
 - Insurance, Mortgage, Avoiding Fraud and Scams
 - Spanish:
 - <https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus-sp.aspx>
- COVID-19 infection control guidance for in-person interpreters and health care providers who work with them
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2288L.pdf>
- Community Warehouse is offering pre-packaged, portable **HOME 2 GO Essential Item Kits** that provide essential furnishings to people during the health crisis and adhere to health & safety guidelines for preventing the spread of disease.
 - <https://www.communitywarehouse.org/home-2-go/?bblinkid=217309148&bbemailid=20867075&bbejrid=1459384246>
- COVID-19 videos in Korean Language:
 - <https://youtu.be/dHQ0GGSYvk>
- COVID-19 videos in Russian Language:
 - <https://youtu.be/tGutm92izFY>
- COVID-19 videos in Thai Language:

- <https://youtu.be/kIH--s8xkBQ>
- COVID-19 videos in Arabic Language:
 - <https://youtu.be/WRC3S73gMbY>
- COVID-19 videos in Vietnamese Language:
 - <https://youtu.be/1Z6b5EyvoiU>

4/29/2020

- Safe and Strong Website
 - <https://www.safestrongoregon.org/>
- Compiled a list of **COVID-19 Resources for Undocumented Communities**. This includes national resources and state specific resources.
- The Betancourt Macias Family Scholarship Foundation has created a national emergency fund for undocumented families who have been impacted by COVID-19. Applicants can apply online or by phone in both English and Spanish.
 - **Application for Funds**
 - **Donation Link** (\$31,770 has been raised so far)
- **English**
 - What's COVID-19 – <https://youtu.be/-dTEQwNuh3E>
- **Spanish**
 - Oregon Se Queda en Casa (Oregon Stays Home) <https://youtu.be/ZG04TpQtLRo>
- **Korean**
 - What's COVID-19 – <https://youtu.be/dHQ0GGSYvk>
- **Russian**
 - What's COVID-19 – <https://youtu.be/tGutm92izFY>
- **Thai**
 - What's COVID-19 – <https://youtu.be/kIH--s8xkBQ>
- **Arabic**
 - What's COVID-19 – <https://youtu.be/WRC3S73gMbY>
- **Vietnamese**
 - What's COVID-19 – <https://youtu.be/1Z6b5EyvoiU>

- **Chuukese**
 - What's COVID-19 – <https://youtu.be/DVhKosrWzgs>
- **Amharic**
 - What's COVID-19 – https://youtu.be/hK_bwm3M1no
- **Burmese**
 - What's COVID-19 – <https://youtu.be/TfHqvNtQB1E>
- **Cantonese**
 - What's COVID-19 – <https://youtu.be/li0CiwAPumc>
- **Farsi**
 - What's COVID-19 – <https://youtu.be/NnywoljloMs>
- **French West Africa**
 - What's COVID-19 – https://youtu.be/bpj4Nxx_EVY
- **Japanese**
 - What's COVID-19 – <https://youtu.be/KkcZV25xUsk>
- **Marshallese**
 - What's COVID-19 – https://youtu.be/vgK_S2RCyDY
- **Nepali**
 - What's COVID-19 – <https://youtu.be/4w9alsjWFTU>
- **Rohingya**
 - What's COVID-19 – <https://youtu.be/q82izzwFgqs>
- **Somali**
 - What's COVID-19 – <https://youtu.be/w4dUFpw1muo>
- **Tingingya**
 - What's COVID-19 – <https://youtu.be/b2NEjxANBSU>
- **OHA 2311 Covid-19 Prevention Tips**
 - **English:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311.pdf>
 - **Russian:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lr2311.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lr2311.pdf>
 - **Chuukese:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l272311.jpg>

- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/l272311.pdf>
 - **Marshallese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/l332311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/l332311.pdf>
 - **Arabic**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/la2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/la2311.pdf>
 - **Hmong:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lh2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lh2311.pdf>
 - **Somali:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/li2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/li2311.pdf>
 - **Korean:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lk2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lk2311.pdf>
 - **Simplified Chinese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lm2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lm2311.pdf>
 - **Spanish:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lv2311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lv2311.pdf>
 - **Vietnamese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Serverd/lv2311.jpg>

- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/2311.pdf>
 - **Traditional Chinese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/42311.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/42311.pdf>

- **OHA 2311A Covid-19 Stay Home, Save Lives**
 - **English:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311a.pdf>
 - **Russian:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lr2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lr2311a.pdf>
 - **Traditional Chinese:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l42311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l42311a.pdf>
 - **Chuukese:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l272311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l272311a.pdf>
 - **Marshallese:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l332311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/l332311a.pdf>
 - **Arabic:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/la2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/la2311a.pdf>
 - **Hmong:**

- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lh2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lh2311a.pdf>
 - **Somali:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/li2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/li2311a.pdf>
 - **Korean:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lk2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lk2311a.pdf>
 - **Simplified Chinese:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lm2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lm2311a.pdf>
 - **Spanish:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lv2311a.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lv2311a.pdf>
 - **Vietnamese:**
- OHA 2311B Covid-19 Grocery Shopping
 - **English:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311b.jpg>
 - PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/le2311b.pdf>
 - **Russian:**
 - JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/lr2311b.jpg>

- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ir2311b.pdf>
 - **Traditional Chinese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I42311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I42311b.pdf>
 - **Chuukese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I272311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I272311b.pdf>
 - **Marshallese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I332311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/I332311b.pdf>
 - **Arabic:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ia2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ia2311b.pdf>
 - **Hmong:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ih2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ih2311b.pdf>
 - **Somali:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ii2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ii2311b.pdf>
 - **Korean:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ik2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/Ik2311b.pdf>
 - **Simplified Chinese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Service/In2311b.jpg>

- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ln2311b.pdf>
 - **Spanish:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ls2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ls2311b.pdf>
 - **Vietnamese:**
- JPG: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2311b.jpg>
- PDF: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2311b.pdf>

- OHA 2325 Publications and Creative Services COVID-19 Materials List
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2325.xlsx>

- Public Charge and COVID-19 Emergency
 - **English**
 - https://govsite-assets.s3.amazonaws.com/cOexRYmFQ2qCSb2JUQp2_Public%20Charge%20COVID-19%20Final%20English%20042720.pdf
 - **Spanish**
 - https://govsite-assets.s3.amazonaws.com/NP10owNQRBy1UPUqfCMw_Public%20Charge%20COVID-19%20Final%20Spanish%20042720.pdf
 - **Arabic**
 - https://govsite-assets.s3.amazonaws.com/MfDIE9XT0ivmPIGJutDo_Public%20Charge%20COVID-19%20Final%20Arabic%20042720.pdf
 - **Korean**
 - https://govsite-assets.s3.amazonaws.com/HDaWnhgsRyC5m48IBjnh_Public%20Charge%20COVID-19%20Final%20Korean%20042720.pdf
 - **Russian**
 - https://govsite-assets.s3.amazonaws.com/yJfcZ8uYTUqX2Rd0sSE9_Public%20Charge%20COVID-19%20Final%20Russian%20042720.pdf
 - **Somali**

- https://govsite-assets.s3.amazonaws.com/yBvv0bm8S6ihZdbBxGO7_Public%20Charge%20COVID-19%20Final%20Somali%20042720.pdf
 - **Simplified Chinese**
- https://govsite-assets.s3.amazonaws.com/IBD2mOSyzNNr6zEDPwkw_Public%20Charge%20COVID-19%20Final%20Simplified%20Chinese%20042720.pdf
 - **Traditional Chinese**
- https://govsite-assets.s3.amazonaws.com/R59XUyPwRCGWyFveUmEw_Public%20Charge%20COVID-19%20Final%20Traditional%20Chinese%20042720.pdf
 - **Vietnamese**
- https://govsite-assets.s3.amazonaws.com/AGkho4EyTy6M2en6A5LI_Public%20Charge%20COVID-19%20Final%20Vietnamese%20042720.pdf

5/6/2020

- Public Charge FAQ
 - https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASE_SAZ/Pages/COVID19-FAQ.aspx?wp1284=f:%7bc:77198,o:%7bt:2,o:%5b%22Public+Charge+rule%22%5d%7d%7d
- Oregon Lifeline Program
 - For more information or to request an application, call [800-848-4442](tel:800-848-4442), weekdays from 9 a.m. to 4 p.m., email puc.rspf@state.or.us or [go to the Oregon Lifeline website](#).
- OHA Agricultural Employer and Agricultural Worker guidance documents
 - Workers: <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2349.pdf>
 - Employers: <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2350.pdf>

- Senior Loneliness Line:
 - The Senior Loneliness Line team of volunteers and staff are specially trained in working with older adults and can provide ongoing support, connect you with resources or just listen. Your information is completely confidential.
 - [503-200-1633](tel:503-200-1633) | [800-282-7035](tel:800-282-7035) | [facebook.com/SeniorLonelinessLine](https://www.facebook.com/SeniorLonelinessLine)
 - www.SeniorLonelinessLine.org

- COVID-19 Cases by Zip Code
 - <https://www.oregon.gov/oha/PH/DISEASESCONDITIONS/DISEASESAZ/Emerging%20Respiratory%20Infections/COVID-19-Weekly-Report-2020-05-05-FINAL.pdf>

- COVID-19 Basics and Beyond: Helping communities manage the mental and emotional impacts of COVID-19 Training
 - **UPDATED REGISTRATION INFO:**
<https://attendee.gotowebinar.com/register/8456035373187128844>

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- OHP-CAWEM and COVID-19 Fact sheets
 - **English**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2341b.pdf>
 - **Traditional Chinese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/l42341b.pdf>
 - **Arabic**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/la2341b.pdf>
 - **Simplified Chinese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lm2341b.pdf>
 - **Russian**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lr2341b.pdf>
 - **Spanish**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2341b.pdf>
 - **Vietnamese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2341b.pdf>

- Mother's Day video in Spanish
 - YouTube link: <https://youtu.be/selpRMFkoIU>

- Myths and Truths Mam video

- <https://www.facebook.com/TVJAM/videos/519390232300199/>
- Staying connect while physically distancing
 - **English**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2348.pdf>
 - **Spanish**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lS2348.pdf>
 - **Arabic**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/la2348.pdf>
 - **Simplified Chinese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ln2348.pdf>
 - **Traditional Chinese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/l42348.pdf>
 - **Chuukese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/l272348.pdf>
 - **Hmong**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lh2348.pdf>
 - **Marshallese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/l332348.pdf>
 - **Koran**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lk2348.pdf>
 - **Russian**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lr2348.pdf>
 - **Somali**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/li2348.pdf>
 - **Vietnamese**
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2348.pdf>

- OHA Contact Tracing Interest Form
 - <https://app.smartsheet.com/b/form/dd28696cca4b4e59946d7faa0d2de120>
- ADA Guidance for Emergency Managers and Local Public Health Authorities
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2309.pdf>

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- Washington State COVID-19 Translated Resource Directory
 - <https://www.dshs.wa.gov/sites/default/files/ESA/oria/documents/DSHS-ORIA%20WA%20COVID%20TRANSLATED%20RESOURCES%20DIRECTORY.pdf>
- Guidance for School aged Summertime Day Camps
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2357.pdf>
- Mask and Face Covering Guidance for Business, Transit and the Public
 - English
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/le2288K.pdf>
 - Spanish
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/l2288K.pdf>
 - Arabic
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/la2288K.pdf>
 - Chuukese
 - [https://sharesystems.dhsoha.state.or.us/DHSForms/Served/l2722888K.pdf](https://sharesystems.dhsoha.state.or.us/DHSForms/Served/l272288K.pdf)
 - Korean
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/lk2288K.pdf>
 - Hmong
 - <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/lh2288K.pdf>
 - Marshallese

- <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lh2288K.pdf>
 - Russian
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lr2288K.pdf>
 - Simplified Chinese
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/ln2288K.pdf>
 - Somali
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/li2288K.pdf>
 - Traditional Chinese
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/l42288K.pdf>
 - Vietnamese
 - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/lv2288K.pdf>
- Coalition of Community Health Clinics- For help finding a clinic
 - <https://coalitionclinics.org/>
 - What is Contact Tracing video
 - https://www.youtube.com/watch?v=HKr0BO_dG5I
 - Potential Violations of Reopening Phases
 If stakeholders or community partners want to report a violation of reopening, they can do that with Oregon Occupational Safety and Health Administration (OR-OSHA).
 - Visit <https://osha.oregon.gov/workers/Pages/index.aspx> or call the central office at 503-378-3272 (toll free inside Oregon: 800-922-2689).
 - National Day Laborer Organizing Network- Popular Education Resources for COVID-19
 - ndlon.org/confrontando-el-coronavirus-con-educacion-popular/
 - BOLI's page on coronavirus and workplace laws in Oregon
 - <https://www.oregon.gov/boli/pages/coronavirus-and-workplace-laws.aspx>

- CDC's advice for returning international travelers
 - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

5/27/2020

- Viva NW Google Drive
<https://drive.google.com/drive/folders/1SRjzfAbpnq9cgFmji2L57q2CTwccxwJN?usp=sharing>

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- Oregon Health Authority Spanish Facebook
 - <https://www.facebook.com/OregonHealthAuthority>
- Oregon Health Authority Spanish Facebook page
OHA en Español
 - www.facebook.com/ohaespanol
- Oregon Health Authority Twitter
 - <https://twitter.com/OHAOregon>
- Oregon Health Authority YouTube
 - https://www.youtube.com/playlist?list=PLd4xfJU3qzMXx_oEU7DzWPJB0TI3WDUuG

Community Engagement Educational Materials

- OHA Community Engagement Educational Print Materials Order Form
<https://app.smartsheet.com/b/publish?EQBCT=847d922133c049e3869379a40e23ece3>
- Viva NW Google Drive
<https://drive.google.com/drive/folders/1SRjzfAbpnq9cgFmji2L57q2CTwccxwJN?usp=sharing>

Email Contact Information

- ORES8.OHALiaison@dhsosha.state.or.us
- This is a shared inbox and it may take 1-2 business days to respond.



Let us know you'll be there!
Virtual Release!



**STATE OF BABIES
YEARBOOK 2020**

June 11, 2020

Where do **babies** in Oregon stand?

PREGNANCY AND POSTPARTUM MENTAL HEALTH: IDENTIFICATION, SUPPORT & RESOURCES

JOIN US FOR A FREE 2-PART WEBINAR SERIES: JUNE 22 & 29, 2020 8:30 – 11:30 AM

AUDIENCE: HOME VISITORS AND SERVICE PROVIDERS OF THOSE WHO ARE PREGNANT, POSTPARTUM, AND HAVE FAMILIES WITH YOUNG CHILDREN



Presenter:

Wendy Davis, PhD, is the Executive Director of Postpartum Support International (PSI) and lives in Portland Oregon. She began her career as a psychotherapist in 1987 and started specializing in perinatal mental health after recovering from postpartum depression and anxiety in 1994. She founded Oregon's first perinatal mental health support organization Baby Blues Connection in 1994. She works with providers, public health systems, schools, communities, and hospitals to develop and provide perinatal mental health training curriculum and services. Wendy provides consultation and training to develop perinatal support services, building models that utilize the strengths and address the needs of diverse communities.

This two-part webinar will talk about the important role of Home Visitors in supporting families through this vulnerable and challenging time. We will discuss how to identify mental health concerns, including postpartum depression, anxiety, and loneliness. We will explore how we use our strengths of listening, reflecting, and identifying tools and approaches to help families move forward. We will also share how the work of supporting families affects you, and how to understand your role, boundaries, and tools for self-care.

By the end of this two-part webinar series, participants will:

- Describe strength-based language to talk with families about pregnancy and postpartum (perinatal) mental health.
- Describe the role of home visitors in addressing perinatal (pregnancy and postpartum) mental health.
- Describe the types of pregnancy and postpartum mood and anxiety disorders (PMADs).
- Describe best practices to communicate with families, using telephone and telehealth
- Identify evidence-based risk factors for perinatal (pregnancy and postpartum) mood disorders
- Describe preventive steps based on risk factors
- List resources for families and provider education
- Describe the importance of boundaries and tools for self-care

Register here:

<https://attendee.gotowebinar.com/register/1404151521110093067>

Community Mental Health Meeting via Google Hangout

May 14th, 2020: Summary:

58 people attended via Google Hangouts

Concerns and immediate needs during COVID-19 quarantine:

The positive aspects:

- Seeing lots of support for families, people being creative with that.
- Modern technology allows us to connect with kids.
- More connections made with kids
- Students are appreciative of the connections they are making with staff.
- Agencies are aware of compassion fatigue and personal stressors and trying to address and assist staff.
- Families with a history of struggles are more resilient.
- Less cases of anxiety issues.

Big Concerns and Needs:

- Severity of depression for kids already diagnosed with depression
- Youth really missing social interactions with other youth
- Schools not having access to small population of families, especially kids of color
- Cyber bullying increasing especially at the middle school level
- Increased cases of domestic violence
- Need to find ways for respite for families
- How do we support families who are taxed emotionally, need additional supports for kids with behavior issues?
- How do we stay mindful of the uncertainty of everything?
- Concerned about more serious child abuse and DV cases. Hope to bring back respite for younger kids.
- Good engagement with clients but seeing more zoom exhausted. Have increased caseload. 90 minute calls are difficult.
- Services being offered and supporting students using telehealth.
- Concerns Lack of social interaction with our teens and pre-teens. Helping kids with grief of loss of interactions
- What is going to be the mental being of kids after the stay at home orders? Do we have enough future supports?
- Seeing an increase in cyber bullying especially with middle schoolers. Linking kids to ABC House safe videos
- Screen fatigue and increased cyber bullying
- Parents struggling with multiple platforms, kids feeling pressure from teachers
- Medication Management for all ages.
- Tremendous amount of need of bilingual therapists
- List of resources to help others. We have a list at the CSD and Jennifer Swartz can support this list too.

- Language to explain to children about why they can't see their parents FTF right now.
- Parenting supports and respites.
- Parenting training. Parenting training/support for disenfranchised families. Parenting in differentiated languages
- Technology for our families to access psychiatry and counseling.
- How to train more people about suicide prevention and awareness.
- Barrier of new knowledge of technology.
- Access to connection for social/emotional ability to one more thing, the families who are struggling the most- possible Home visits and reachout
- Grief processing messaging is needed

Notes:

Name	Agency	Services during COVID 1. How is your agency maintaining mental health care? 2. How is your agency maintaining connections with our youth? 3. What service is in great need right now?
Ryan Noss	Corvallis School District	Welcome! School District Distance Learning
Joe Leykam	Corvallis School District	Ongoing mental health therapy and skills training Continuing regular social and emotional outreach for students weekly Coordination of support for high needs students in the community Professional development and training for schools related to mental health and social emotional growth
Chris Hawkins	Corvallis School District	Continued support of connecting resources to families. Weekly food bags being delivered by DAB Weekly support of gift cards to grocery stores Produce boxes delivered to 50 families every 2 weeks Monthly financial support to families

Gigi Sims	Corvallis School District	Sources of Strength
Alex Jackson	Department of Human Services Children Protective Services	<p>DHS call volume has been a mixed bag with last month really bottoming out at about 60% of normal. This month we are looking closer to typical so far (on track for around 85% of average).</p> <p>We have had some pretty challenging cases in terms of acuity. I think what I would say is that with call volume down last month, the lower acuity calls vanished and just left the more severe reports coming in. Lack of access to in person services through Relief Nursery, Public Health Nurses, MH counseling for children and adults has raised challenges in terms of addressing issues that we are seeing arise in families.</p> <p>We are certainly seeing pressure rise in homes where families are bottled up together and tensions rise. This is particularly true with behaviorally challenged youth now stuck at home with parents 24/7.</p>
Andy Abblitt	Benton County Juvenile Dept.	<p>Continued services with youth Outreach team and counselors working remotely. Using virtual meetings, and phone calls REvamped teen court to Diversion programs Court hearings</p>
Annette Marcus	Oregon Alliance to Prevent Suicide Association	
Ashley Rowland-Lee	Samaritan	Phone and video counseling sessions. Increased check ins with kids.
Bettina Schempf	Old Mill Center	Continuing working with kids and families. ITS will open soon. How do we stay mindful of the uncertainty of everything? We are connecting more often with kids and families. Only day treatment will be open. Less skills training happening. Concerned about more serious child abuse and DV cases. Hope to bring back respite for younger kids.
Carrie Wiltbank	Trillium Family Services	Services being offered and supporting students using telehealth. Good engagement with clients but seeing more zoom exhausted. Have increased

		<p>caseload. 90 minute calls are difficult.</p> <p>Concerns Lack of social interaction with our teens and pre-teens. Helping kids with grief of loss of interactions</p> <p>Seeing an increase in cyber bullying especially with middle schoolers. Linking kids to ABC House safe videos</p> <p>Increased supervision with teens, added more positive teen group sessions. Really thoughtful to the positives with team members</p> <p>Day treatment is open - current 16 kids. Skills training not happening as much.</p>
Cathy Law	Parent/ YMHC	Director of STEM Academy for OSU, Reconfiguring programs. Looking at summer programs.
Chi Blatt	Trillium Family Services	Continuing to serve kids and families. Day treatment is still open as residence
Clay Higgins	Corvallis Boys and Girls Club	<p>Emergency child care for first responders and others.</p> <p>Capacity of 90, current numbers at 45</p> <p>1 to 4 ratio, supporting kids with school work,</p> <p>Following guidance for safety measures</p> <p>Need: talk to parents about self regulation, don't have staffing for kids who need one on one.</p> <p>HOpe for summer programs</p>
Courtney Rosenthal	Sam Health	Providing care to kids at the clinic. Having kids struggling attending some therapeutic sessions due to technical issues for some. Current depressed kids seem to be more depressed. 90 minute therapy calls sometimes.
Dannielle Brown Kelly Locey	Benton County Health Dept	<p>Benton County COVID-19 Behavioral Health Response Plan</p> <p>Benton County Behavioral Health has developed a plan to provide mental health services in Benton County in response to the COVID-19 pandemic, which outlines what services community members, Benton County Health Services clients, and essential workers will be able to access. Services provided include:</p> <ol style="list-style-type: none"> Skills for Psychological Recovery (SPR)- Skills for Psychological Recovery (SPR) is designed to accelerate recovery and increase self-efficacy

to those impacted by a disaster or traumatic event. The curriculum is trauma informed, evidenced based and endorsed by SAMSHA, National Center for PTSD and the VA.

- Referrals will go through the screening process (once up and running) and Counselor of the Day, where a “screening” will be conducted to see if they would benefit from SPR. If the screening yields a positive result, they will be assigned to a staff member for follow up and sessions.
- ANYONE can access this service.
- If a patient is already enrolled with Behavioral Health, please direct them to discuss their needs with their provider so they can review if SPR is appropriate.
- For more information on SPR:
<https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery/about-spr>
- There is a free 5 hours and CEU’s. The website is rather slow due to the high traffic, but it is available.
<https://learn.nctsn.org/enrol/index.php?id=535>

2. **QPR (Question, Persuade and Refer)**- QPR is a suicide prevention training developed to train people to recognize the warning signs of a suicide crisis. Individuals will be trained to recognize the early warning signs of suicide; know when to offer hope; and know how to get help for that individual. QPR is an emergency mental health intervention and is designed to identify and interrupt the crisis and direct that person to the proper care.

- This training is available to any community agency/group.
- Please direct interested agency’s to myself or Ricky for more information and scheduling.
- <https://qprinstitute.com>

3. Critical Incident debriefs

a. This training is available to any community agency/group.

b. Interested agencies can contact Ricky Garcia at 541-766-6388 or Ashley Talamantes at 541-766-0144 for more information and scheduling.

While the services provided under the plan are similar to existing behavioral health services, they differ in that traditional behavioral health services are prioritized to individuals with severe and persistent mental illnesses and substance use issues. Under this plan, services have expanded to include interventions to address the unique concerns and issues faced by community members in the wake of the COVID-19 pandemic.

- Benton County Behavioral Health staff will begin to provide these additional services beginning May 11th.
- For more information or questions about these services, please contact Ricky Garcia at 541-766-6388 or Ashley Talamantes at 541-766-0144
- To access these services, please call 541-766-6835. **Benton County COVID-19 Behavioral Health Response Plan**

1. How is your agency maintaining mental health care?

Benton County Behavioral Health has maintained all services to enrolled clients by using phone and telemedicine. Behavioral health recently resumed intake appointments to mental health treatment, substance use treatment and Medication assisted treatment. We continue to provide an array of services, such as individual counseling, skills training, peer support, Substance use Disorder Treatment, Medication Management and group therapy. Although the bulk of services are being provided through telemedicine, when the need arises, staff are following PPE and safety precautions in order to meet with individuals when face to face is necessary. ACT continues to meet with staff in the community when clinically indicated. Safety net services are being maintained, including crisis evaluation in the community and counselor of day, and complete pre-commitment investigation. WRAP is continuing to meet, staff referrals and continue to provide care coordination. School based MH is continuing to follow their students and remain connected with schools

		<p>regarding any additional needs they or the students might have. EASA also continues to staff and complete referrals/intake, and provided treatment.</p> <p>2. How is your agency maintaining connections with our youth? Our staff that work with youth and families has shared that it has been a little easier than other populations to stay in contact with youth and families due to the comfort and ease in which they can use technology. Staff are continuing to engage families and youth through telemedicine. Staff have also created various packets to help share resources, techniques and guidance on how to manage the pandemic and get the support they need. However, families and youth have reported feeling burned out with technology and feel over loaded.</p>
Hilary Harrison	OYA	Residential services and on going prevention work around suicide.
Jill Irwin	Old Mill Center	Relief nursery, outpatient mental health, opening day treatment, healthy families program continues. Shares the feeling of loss of connections with kids and families and knowing school is going to be tough. Seeing lots of supports for families, people being creative with that.
Judy Engleking	Benton County Health Dept.	Continuing to work with families with wrap services via virtual contacts and will take on more kids if needed. Hearing the challenges from families of kids at different levels with all the tech issues.
Karen Weiner	Samaritan Health Plans	Supporting and providing services, not requiring authorization for care coordination Transformation grants coming out soon - social determinants of health Letter of intent due soon Positive note is virtual meetings seeing families, dogs, younger siblings - helping to feel connected Telehealth has been a success especially with reaching out to rural families. Suggest we meet again after we all know more after budget cuts with everyone.
Kelly Clement	LBLESD	Connecting with students that she has already connected with previously.

Kendra Phillips-Neal	Jackson Street Youth Services	
Kristin Holly	Benton County Juvenile Dept	Phone and video conferencing with juveniles, attending wrap meetings, etc. Partnering with agencies. Offering virtual girls circle and boys council meetings. Finding more need of kids needing consistent connections and the need to hear about strengths and parents needing to hear it as well. Virtual connections has been positive for kids to share their personal space/homes
Lisa Pattieshaw	Oregon Family Support Network	Warm and support lines to support families Helping families at the Lancaster Bridge with food boxes. Hearing from families with screen fatigues and cyber bullying has increased, parents struggling with multiple platforms school wise and some kids feeling a lot of pressure from teachers. Families with a history of struggles are more resilient.
Maria Pos	State Coordinator & Health Instructor, Mental Health Programs	CAMs training for free Possible virtual trainings in the future - Mental Health First Aid Getting feedback from students and trying to access those support systems and coordination
Marilyn Marker	NAMI	Virtual support groups mostly for adults who have family members with mental illness- support group 2 times- you can find all of these details at namioregon.org Warm lines from 7-10 nightly 541.745.2064 Free presentation on 5/17 for parents, caregivers working with youth. Many statewide support groups
mark		Childcare as students are taking care of siblings
Mary Buzzell	Trillium Family Services	No updates at the moment
Peggy Ring	LBL ESD	HOMe visits for Philomath and Kings Valley, supporting families in need. OEA Grant for kids, Alice's Kids, OHP request from care coordination teams.
Randy Hiner	Benton County Sheriff's Dept.	
Rebekah Young	Department of Human Services Children Protective Services	
Rocio Munoz	Benton County Health	Emergency response team for spanish speaking families. Referring to health

		navigators, messaging families
Senator Sara Gelser	Oregon State Senator	Serving Oregon!
Shannon Meador	Sam Health	Supporting kids via teleconference
Stephanie Dreiling	Samaritan	Video and telephone services to kids about 40 kids a day.
Liv Gifford	Corvallis Public Schools Foundation	Collecting donations to support students
Katie Terry	Sam Services	Seeing patients
Tristan Young	Jackson Street	Mental Health moment goes out weekly to the JSYS staff, monthly zoom staff meetings. Serving homeless youth as a shelter in corvallis, offering mental health support and drop in center for kids, working with families to mediate family concerns. JSYS has started a mentor programming Adopted a lot of technology to meet with youth. Outreach team posting on the JSYS facebook page. Community support has been tremendous
Aaron McKee	Crescent Valley	Reaching out to students, check and connects with kids who are not participating
Katie Gregory	CASA	Home Visits for families and dropping off basic needs and clothing. Skype meetings. Talking to foster parents for support and connections to their bio families. Making sure MH supports are getting made with kids and parents.
Katie Terri	Clinician at Samaritan	Parenting supports and respites. Parenting training. Parenting training/support for disenfranchised families. Parenting in differentiated languages
Mara Silvera	Counselor at Garfield Elem	Technology barriers and the barriers for some of our students of color. access to translation. Trusting relationships for students to talk about child abuse at home.
Martha Calderon	Social Worker at Lincoln Elem	Making phone calls to students, as the technology might be more of a hindrance. Barrier of new knowledge of technology. Access to connection for social/emotional ability to one more thing, the families who are struggling the

		most- possible HV and reachout Grief processing messaging
Craig Harlow	Franklin Principal	Reaching out to kids
Elizabeth Garcia	CHS Counselor	Reaching out to students via google, many phone calls and some home visits. Seeing more extreme behaviors from kids who are super students to the other extreme with kids who have not engaged.
Nichole Hendricks	Assistant Principal at CV	Graduation signs and dropping off at house. Helped have some students push to get their graduation credits
Gigi Sims	District Office	Sources of Strength curriculum and connections going strong in the high schools
Jodie Wyatt	District Office	Supporting kids with behavioral challenges, helping with kids transitioning out of day treatment and residential