

**Lincoln County**

**Do you have a child with challenging behaviors?**

**Our Family Support Groups can help**

We are families that have experience with challenging behaviors and with services that can help our children

**We are “Parents Helping Parents”**

* For families of children with social, behavioral, emotional, and physical challenges
* Meet other parents in a confidential, supportive setting
* Share experiences, successes, and frustrations
* Learn parenting skills and exchange ideas
* Learn how to use services for our children

**We have monthly meetings in Waldport, Newport, Toledo, or Depoe Bay.** Meeting times are

**Waldport** (Feb 1st) on Friday at Crestview Heights School 2750 S Crestline

**Newport** (Feb 7th) on 2nd Thursday of month at Oceanspray Family Center, 1039 NW Nye St.

**Toledo (**Feb 14th) on 3rd Thursday at Ollala/Flowerree Center 321 SE 3rd, Toledo, OR, 97391.

**Depoe Bay** (Feb 21st) on 4th Thursday at Neighbors for Kids 634 SE Hwy 101

Meeting times are 6-8 pm; free dinner from 6-6:30, 6:30-8 pm is parents meeting in one room and activities for kids in another room

**For more information please contact**

 **Signe Miller at** **signem@ofsn.net** **541 505 2511**