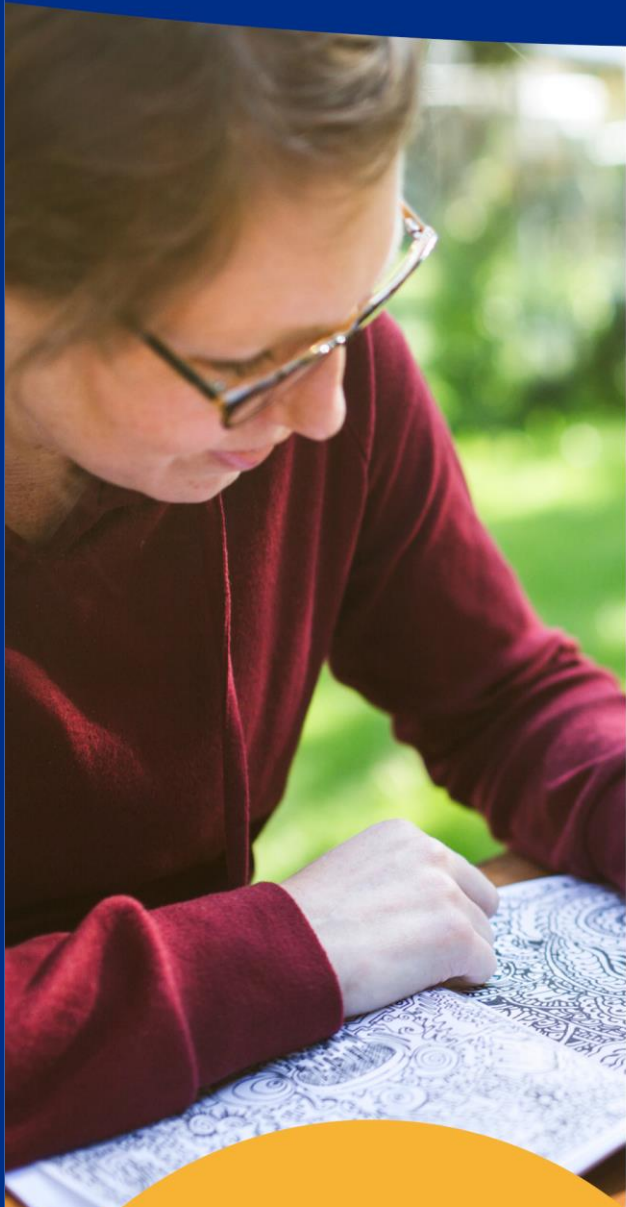


# Upcoming Mental Health First Aid Training



Mental Health First Aid is an 8 hour training that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis.

## Upcoming Classes

Thursday October 5 - Youth

Wednesday November 8 – Veteran

Monday December 4 – Adult

Wednesday December 6 - Youth

Where: Good Samaritan Hospital, Corvallis.

When: 8am – 5pm

Refreshment and materials are all free of charge.

## To Register:

Email: [shshealthed@samhealth.org](mailto:shshealthed@samhealth.org)

Online:

[www.samhealth.org/mentalhealthfirstaid](http://www.samhealth.org/mentalhealthfirstaid)

Call: 541-768-6811 or 866-243-7747



Good Samaritan  
Hospital  
Foundation

*Mullins Charitable Funds*