

DRAFT 11/16/2017

Potential Foundational Curriculum/Approaches

Second Step Social-Emotional Learning Program

Website: www.secondstep.org

Description: “Help your littlest learners harness their energy and potential by teaching them to listen, pay attention, control their behavior, and get along with others.”

Features: Classroom kit, Skills and concepts taught in short, daily activities. Units include: Skills for Learning, Empathy, Emotion Management, Friendship Skills and Problem Solving, Transitioning to Kindergarten. Available in English and Spanish

Parent Application: Take-home activities and Family letters

Early Learning Provider training: None required, videos showing application of kit materials are on the website and staff training toolkit is included in the kit.

Cost: Second Step Early Learning Classroom Kit, \$439.00, larger purchase discounts available.

Current Users in the Region: LBCC Parent Cooperative Preschools,

Conscious Discipline

Website: consciousdiscipline.com

Description: “Conscious Discipline uses everyday events to cultivate emotional intelligence through a self-regulation program integrating social-emotional learning and discipline.” Four essential components, conscious discipline brain state model, seven powers for conscious adults, creating the school family, seven skills of discipline

Features: English only?

Parent Application: Easy to Love, Difficult to Discipline, book (\$16) targeted at parents.

Early Learning Provider Training: Available in multiple ways including 10 sessions online course, 2-day workshops, summer institute, Conscious Discipline: Building Resilient Classrooms (\$29)

Cost: Not available on website

Current Users in the Region: Lincoln County School district

Collaborative Problem Solving, CPS

Website: www.thinkkids.org

Description: Model is sets forth two major tenets: first that challenges are best understood as the byproduct of lagging skills (rather than, i.e. as attention-seeking, manipulative, limit-testing, or a sign of poor motivation) and second, that these challenges are best addresses by teaching children the skills they lack (rather than through reward and punishment programs and intensive imposition of adult will).

Features: Not early learning specific. "We find that Collaborative Problem Solving approach is applicable to diverse human interactions", Manual Treating Explosive Kids: The Collaborative Problem Approach (\$39)

Parent Application: CPS Parent Groups are facilitated by individuals who are trained and certified and receive ongoing supervision from Think:Kids. 4 week Overview groups and 8-week parent support groups.

Early Learning Providers Training: Introductory one day trainings (available online) which is a prerequisite for the intensive trainings tier 1 & tier 2 (each 2.5 days). Certification program and trainer certification program available

Costs: Certification Program, includes completing introductory, Tier 1 and 2 training, \$150 application fee, \$1,400 Tuition fee, annual recertification fee \$1,250. Certified trainer, application \$150, annual recertification \$1,800

Current Users in Region:

Positive Behavior Intervention Supports

Website: csefel.vanderbilt.edu

Description: Pyramid Model for Supporting Social Emotional Competence of Infants and Young Children builds upon a tiered public health approach to providing universal supports to all children to promote wellness, targeted services to those who need more support and intensive services to those who need them.

Features: Training modules on website for providers working with infant/toddlers and PreSchool. Available in English and Spanish. Website contains tools and resources "Practical Strategies" for providers. Resources include book nooks, tools

for building relationships, scripted stories for social situation and tools for developing behavior plans.

Parent Application: Parents training modules, 6 modules and a Family Workbook

Early Learning Providers Training: Focused on promoting social and emotional competence the content of the modules are consistent with best practices identified through a review of literature. Infant/toddler three modules target providers who work with children 0-2 years old and their families. Preschool training four modules are developed for providers who work with children 2-5 years old and their families. Training modules include facilitator guide, trainer script, PowerPoint, participant handouts and training videoclips.

Costs: Materials can be downloaded from the website at no cost.

Current Users in the Region: EI/ECSE, LBCC Parent Cooperative Preschools