Screen Time and the Impact on Social, Emotional and Physical Health



Coast to Cascades Community Wellness Network

2018 Annual Regional Community Health Summit

Join us in exploring the various impacts of screen time and the subsequent impacts on an individual's social, emotional and physical health. The summit will feature keynote speaker Yolanda Evans, MD, MPH, assistant professor of pediatrics at University of Washington School of Medicine; closing speaker Pamela Weatherspoon, manager of diversity and community engagement, Legacy Health; and multiple breakout sessions.

Wednesday, April 18 10 a.m. to 4 p.m. River Center, Lebanon Don't miss three special screenings of the new film, "Screenagers: Growing up in the digital age," which will be discussed at the summit. To view the film trailer, visit screenagersmovie.com/trailer.

Screenings are available:

Tuesday, April 17, 6 to 8 p.m. Dinner will be provided Boulder Falls Center, Lebanon

Wednesday, April 18, 8:30 to 9:45 a.m. *The River Center, Lebanon*

Wednesday, April 18, 4 to 6 p.m. Lebanon High School

To register for the Community Health Summit and special film screenings, visit communityhealthsummit2018.eventbrite.com or call 541-768-5256.



