

# Collaborative Problem Solving™ (CPS)

## 4-week CPS Overview for Families

Support for adults raising kids with challenging behaviors

### Lincoln City

Facilitated by:  
**Signe Miller**

Think:Kids  
CPS Certified



**DATES:** Jan. 17, 24, 31, &  
Feb. 7, 2018

**TIME:** 5:30 PM – 7:30 PM

#### LOCATION:

**Floweree Community Center**  
321 SE 3<sup>rd</sup> St.  
Toledo, OR 97391

**COST:** Free! Dinner and materials will be provided.

To register, please use this link:

<http://conta.cc/2xBu5ve>

For more information, contact Felicia in the OFSN Training Department  
[feliciam@ofsn.net](mailto:feliciam@ofsn.net) | 971-283-61399

**Disclaimer:** This facilitator is Think:Kids CPS Certified and receives ongoing supervision from Think:Kids. This group is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the facilitator reflects their best understanding of the CPS approach. Think:Kids is a program in the Department of Psychiatry at MGH. Additional resources can be found at: [www.thinkkids.org](http://www.thinkkids.org)



- Develop new understanding of challenging behavior & learn new ways to help your child
- Learn the Collaborative Problem Solving approach & effective ways to reduce conflict
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Gain support from other parents



**Oregon  
Family Support  
Network**

1300 Broadway St. NE, Salem, OR 97301

<http://ofsn.org/>

Twitter: @OregonFSN

**Child Supervision Available!** Please RSVP with Signe if you require child supervision at least 24 hours prior to the training.

You can reach Signe at: [Signem@ofsn.net](mailto:Signem@ofsn.net) | 541- 505-2511

### The CPS Approach

The Collaborative Problem Solving™ approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/ youth/ young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.